



PAAC CLUB WORKSHOP SERIES

At PAAC we believe in developing globally-minded citizens and leaders. Schedule a workshop for your club, your class, or your school. Select one from each series or schedule the whole series. It is your journey!

LIMITED SEATS
SCHEDULE YOUR CLUB'S WORKSHOPS NOW!

LEADERSHIP DEVELOPMENT

Creating meaningful relationships & insightful leaders

Personality & Communication

Understanding your personality, your preferences for communication, and the preferences of others is an opportunity to develop leadership and communication skills. When we are more self-aware and attuned to others we can be more effective leaders.

(1 to 1.5 hrs)

Wheel of Emotion

Dig deep into your emotional ways of being. This is a great workshop for teams who would like to understand each other better and connect. Explore and connect with your team to build a trusting team of leaders for your club.

(1 to 1.5 hrs)

Strengths & Weaknesses

Explore six traits of leadership: Ethics, Communication, Respect, Teamwork, Creative and Critical Thinking, and Vision. Once you have identified where you sit in the leadership traits, you will have the opportunity to explore the areas you want to target for growth. We start you on the road, but it is your journey.

(1 hr)

POWERFUL COMMUNICATION

Developing empathetic communication skills

Peace Building Communication

Learn the different ways we communicate even when we aren't speaking. Consider how you communicate without even realizing you are communicating and how you pick up on messages you might not realize were present. We will focus on non-violent communication tools which include: asking questions, active listening, and understanding body language.

(1 to 1.5 hrs)

Kind Courageous Conversations

Challenging times call for challenging conversations. Learn to lead without being the only person speaking. Develop your voice and questions while supporting others too. Learn a protocol for grappling with hard topics that build bridges instead of walls. *We can center our conversations on topics your club chooses.*

(1 to 1.5 hrs)

Managing Stress & Boundaries

Being a leader (actually, being human) can be stressful! Explore ways to manage your stress while learning to set helpful, healthy boundaries. Explore the work of Tongue Fu author, Sam Horn, as well as a few mindfulness meditations.

(1 hr)

SUSTAINABLE DEVELOPMENT LEADERS

Focusing on impact

Intro: UN Sustainable Development Goals (SDG) & Aloha+

A fun interactive workshop to introduce the SDGs to your club and understand how they translate into the Aloha+ Challenge. A great springboard for your club to do a deep dive on our SDG curriculum and consider new project that is connected to the SDGs (Global Action Project-GAP). Be the change you want to see, but also understand what change is necessary to get there!

(1 - 1.5 hrs)

Deep Dive One SDG

While we have created lessons for each of the 17 SDGs for your club to explore independently, PAAC is also open to leading a lesson on one of the SDGs your club would like to explore.

Global/Local Action Project- Design Session

Found your SDG? Now it's time to plan a project that will bring you joy and make an impact! Think through the systems around the SDG. Discover and design how your club will make an impact.

(1 - hr)

BIAS & CULTURE

Developing leaders with perspectives

Privilege and Bias

Dig deep to understand earned and unearned privileges. Participate in a privilege walk. Consider the systematic ways bias and privilege are packed into our world and views.

(1 - 1.5 hrs)

Blind Bias & Cultural Sensitivity

In a world that is constantly connecting, we can often hurt others without the intention to do harm. While our intention is not to hurt someone, some wounds are deep and some biases are blind. Journey through your biases and consider new perspectives. We would be able to solve the issue in one workshop, but you will gain tools to become more self-aware.

(1 - 1.5 hrs)

Challenging Confirmation Bias

We have all heard the term "fake news," but have we considered why it still exists? Consider the ways that news and our own biases influence how we see the world and make decisions. Come away with strategies to avoid fake news.

(1 - 1.5 hrs)

ADD A GUEST SPEAKER!

Consider scheduling time to have one of our amazing guest speakers join your club on this journey. Please contact Roya Dennis, hs@paachawaii.org, for further information.



Roya Dennis

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